

NMTA Health Trust
 Employee / Subscriber Application
 Please complete all sections (front & back) in black ink

Select Plan

Common Enrollment Plans underwritten by Regence BlueShield, Kaiser Foundation Health Plan of Washington, Kaiser Foundation Health Plan of Washington Options, Inc., Delta Dental of Washington and LifeMap Assurance Company. Voluntary Enrollment Plans underwritten by LifeMap Assurance Company and Delta Dental of Washington. (If an employer offers common enrollment dental and/or vision benefits, employees & dependents will automatically be enrolled in those benefits if they enroll in medical benefits.)

- Market/Market "Plus" Plan _____ Foundation/Foundation "Plus" Plan _____ Traditional Plan _____
 HSA Plan _____ Kaiser Plan _____

EMPLOYEE SECTION:

First Name: _____ Middle Initial: _____ Last Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone #: _____ Email: _____
 Marital Status: Married Single Date of Marriage: _____

A Reason Must be Checked for Application:

Add Employee

- New Group Change of Life Beneficiary
 New Employee Change of Address
 Open Enrollment Name Change
 Loss of Eligibility on Another Coverage Change Medical Plan

Add Dependent

- Birth Marriage Adoption
 Domestic Partner
 COBRA coverage exhausted
 Open enrollment
 Loss of eligibility on another coverage (must attach proper documentation)

Note: Medical Plan election changes are allowed only during the Open Enrollment Period each year or with a HIPAA qualifying event.

Contractual Effective Date and Eligibility: Applications for new employees must be received by the NMTA Trust within 10 days of the Contractual Effective Date. The Contractual Effective Date is based on the employee's date of hire and your company's established probationary period. Applications received after the Contractual Effective Date may delay an employee's eligibility date to the next NMTA Trust Open Enrollment period. New NMTA application forms are required to add dependents, including newborns and/or a new spouse (see Plan Booklets for details).

Select Plan			Relationship*	Last Name	First Name	M.I.	Social Security Number or Individual tax payer ID number (ITIN)	Birth Date (mm/dd/yyyy)	Gender M/F
Medical	Dental	Vision							
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Employee					/ /	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Spouse/Domestic Partner					/ /	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Child					/ /	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Child					/ /	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Child					/ /	

Note: Only plans being offered by the employer may be selected for enrollment. Dependents may only enroll in benefits in which the employee is also enrolled.

*Washington State Registered Domestic Partners are treated the same as a spouse. Dependent children are eligible for coverage through the age of 25.

LIFE INSURANCE BENEFICIARY: This section must be completed for all new employee enrollments. If no beneficiary is designated, benefits will be paid under the terms of the group insurance contract. Please contact EPK & Associates for an additional form if you would like to designate a Contingent Beneficiary. **Coverage Underwritten by LifeMap Assurance Company** 200 SW Market Street, Portland, OR 97201

Primary Beneficiary's Name: _____ Relationship: _____ Beneficiary's Birthdate: _____ Percentage of Benefit: _____
 Primary Beneficiary's Address: _____ City/State/Zip: _____ Phone Number: _____

EMPLOYEE RELEASE AND AUTHORIZATION: I hereby verify that all of the information specified above is accurate and complete and acknowledge that I have read and understand all information on the second page of this application. By signing below, I have authorized the release of information, for myself and my dependents listed on this application, to Regence BlueShield, Kaiser Foundation Health Plan of Washington Options, Inc., Kaiser Foundation Health Plan of Washington, Delta Dental of Washington and/or LifeMap Assurance Company. **EMPLOYEE'S SIGNATURE:** _____ **DATE:** _____

EMPLOYER SECTION: The Employer section must be completed & signed by the Group's Contact Person as listed on the Employer Participation Agreement. If not fully completed, this form will be returned unprocessed.

Group Name: _____ Group Number: _____ Division Number: _____ Group Phone Number: _____ Intended Effective Date: ____/____/____

Employee Class: Class 1 Class 2 Class 3 Class 4 Date of Hire: ____/____/____ Date of Rehire: ____/____/____ Date Changed from Part-time to Full-time: ____/____/____ Average Hours Per Week: _____

Was employee subject to an Orientation Period as selected on the Employer Participation Agreement? Yes No Was employee subject to a Measurement Period as selected on the Employer Participation Agreement? Yes No
 If yes, date employee satisfied eligibility requirements: ____/____/____

SIGNATURE OF GROUP'S PRIMARY CONTACT PERSON: _____ **Date:** _____

If any dependent child(ren) being added is/are covered under another plan and the natural parents are divorced or separated, Washington State regulations require that we ask the following:

Name of parent with custody (if parents have dual custody, indicate): _____

If divorced, did the court establish financial responsibility for the child(ren)'s health care? Yes No (Please provide a copy of the divorce decree maintenance agreement outlining coverage specifications.)

If YES, please specify the name and address of the parent with responsibility: _____

Do you or any of your dependents applying for coverage have coverage with any health care plan? Yes No **Will coverage remain in effect?** Yes No

IMPORTANT: If you or any of your dependents applying for coverage have coverage with any health care plan, you MUST complete the information below.

OTHER CURRENT OR PRIOR INSURANCE COVERAGE:

Other Insurance Company Name: _____ Other Insurance Company Phone #: _____

Other Insurance Company Full Address: _____

Policyholder's Name: _____ Policyholder's Birth Date: ____/____/____ (mm/dd/yyyy) Policy Holder's Member ID# or Social Security #: _____

Group Name & Policy #: _____ Effective Date of Coverage: ____/____/____ Intended Termination Date of Coverage: ____/____/____ Reason for Termination: _____

Persons covered by prior insurance (list names and date of birth for each): _____

Type of Coverage: Medical Pharmacy Dental Vision Medicare **Type of Policy:** Group Individual Medicaid Medicare Part A Medicare Part B Other: _____

If employee or dependents have Medicare, what was the begin date for Part A: _____ Part B: _____ Medicare HIC# with Alpha Suffix: _____

Name of Person covered by Medicare _____ Reason: Disability Over Age 65 End Stage Renal Disease

Application Agreement: I have provided these answers as part of the application procedure required by Regence BlueShield, Kaiser Foundation Health Plan of Washington Options, Inc., Kaiser Foundation Health Plan of Washington, Delta Dental of Washington and/or LifeMap Assurance Company to enroll in coverage and I certify that all information completed on this form is true, correct and complete. I understand that Regence BlueShield, Kaiser Foundation Health Plan of Washington Options, Inc., Kaiser Foundation Health Plan of Washington, Delta Dental of Washington and/or LifeMap Assurance Company will rely on each answer in making coverage and rating determinations. It is a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines, and denial of insurance benefits.

HIPAA Special Enrollment Provisions: If I have waived enrollment and completed a "Waiver of Insurance Form" for myself or any of my dependents (including my spouse) because of other health insurance or group health plan coverage, I may in the future be able to enroll the waived individuals in this plan, provided I request enrollment within 30 days after the other coverage of the individual(s) ends due to loss of eligibility or an employer's ceasing to contribute toward that other coverage. In addition, if I have a new dependent as a result of marriage, birth, adoption, or placement for adoption, I may be able to enroll myself and my dependents, provided that I request enrollment within 30 days after the marriage, or within 60 days after the birth, adoption, or placement.

Release of Information: I acknowledge and understand my health plan may request or disclose health information about me or my dependents (persons who are eligible for benefits coverage and are listed on the enrollment form) for the purpose of facilitating health care treatment, payment or for the purpose of business operations necessary to administer health care benefits; or as required by law*. Health information requested or disclosed may be related to treatment or services performed by: a physician, dentist, pharmacist or other physical or behavioral health care practitioner; a clinic, hospital, long term care or other medical facility; any

other institution providing care, treatment, consultation, pharmaceuticals or supplies; or an insurance carrier or group health plan. Health information requested or disclosed may include, but is not limited to: claims records, correspondence, medical records, billing statements, diagnostic imaging reports, laboratory reports, dental records, or hospital records (including nursing records and progress notes). This acknowledgement does not apply to obtaining information regarding psychotherapy notes. A separate authorization will be used for psychotherapy notes.

* For more information about such uses and disclosures, including uses and disclosures required by law, please refer to the Notice of Privacy Practices. A copy is available from our website at www.epkbenefits.com or by phone at (800) 545-7011 or (425) 641-7762.

Coverage underwritten by: **Regence BlueShield**
1800 Ninth Avenue -- Seattle, WA 98101
Kaiser Foundation Health Plan of Washington Options, Inc. and Kaiser Foundation Health Plan of Washington
601 Union St, Suite 3100, Seattle, WA 98101
P.O. Box 34750, Seattle, WA 98124-9745
Delta Dental of Washington
400 Fairview Ave N., Suite 800, Seattle, WA 98109
LifeMap Assurance Company
200 SW Market Street, Portland, OR 97201
First Choice Employee Assistance Program
600 University St, Suite 1400, Seattle, WA 98101

Mail or Fax to:
EPK & Associates, Inc. - 15375 SE 30th Place #380 - Bellevue, WA 98007
Phone: 800-545-7011 - Fax 425-641-8114

DISCRIMINATION IS AGAINST THE LAW

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Regence does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Regence:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact us at 888-344-6347.

If you believe that Regence has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our civil rights coordinator at M/S CS B32B, P.O. Box 1271, Portland, OR 97207-1271, phone: 888-344-6347, TTY: 711, email: CS@regence.com. Please indicate you wish to file a civil rights grievance. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

HELP IN OTHER LANGUAGES

The following translations help people who do not read English understand their rights and responsibilities and who to call for help. Including these translations is a federal requirement for all health plans sold on the state or federal marketplaces.

Spanish: Este aviso tiene información importante. Regence cumple con las leyes de derechos civiles federales aplicables y no discrimina sobre la base de raza, color, nacionalidad, edad, discapacidad o sexo. Este aviso tiene información importante sobre su solicitud o cobertura. Busque las fechas importantes en este aviso. Es posible que tenga que tomar alguna acción en un determinado plazo para mantener su cobertura de salud o ayuda con los costos. Usted tiene derecho a obtener esta información y otra información sobre su solicitud o cobertura, en su propio idioma y sin costo. Llame al 888-344-6347. (TTY: 711)

Chinese Traditional: 本通知含有重要資訊。 Regence 遵守適用之聯邦政府民權法，不會因種族、膚色、原始出生國籍、年齡、身心障礙或性別的不同而予以差別待遇。本通知含有有關您申請或進行承保的重要資訊。請留意本通知內的重要日期。請在期限之前採取行動，以確保您的醫療保障或協助支付費用。您有權索取使用您語言撰寫的這類資訊，以及有關您申請或承保的相關資訊。請撥打 888-344-6347 索取。（聽障專線：711）

Vietnamese: Thông báo này có Thông tin Quan trọng. Regence tuân thủ luật pháp Liên bang về quyền công dân hiện hành và không phân biệt đối xử theo chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật hoặc giới tính. Thông báo này có thông tin quan trọng về đơn đăng ký hoặc bảo hiểm của quý vị. Tìm những ngày chính trong thông báo này. Quý vị có thể cần hành động trước một số thời hạn để duy trì bảo hiểm sức khỏe của mình hoặc được giúp đỡ có tính phí. Quý vị có quyền lấy thông tin này và thông tin khác về đơn đăng ký hoặc bảo hiểm, bằng ngôn ngữ của mình miễn phí. Gọi số 888-344-6347. (TTY: 711)

Korean: 이 공지 사항에는 중요 정보가 들어 있습니다. Regence은 해당 연방 민권법을 준수하며 인종, 피부색, 출신 국가, 연령, 장애, 또는 성별에 따라 차별하지 않습니다. 이 공지 사항에는 해당 신청서 또는 적용 범위에 관한 중요한 정보가 있습니다. 이 공지 사항의 주요 날짜를 찾아 보십시오. 해당 건강 보험을 그대로 유지하거나 비용을 지원 받으려면 특정 기한까지 조치를 취하셔야 합니다. 귀하는 모국어로 작성된 본 정보나 해당 신청서 또는 보장 범위에 대한 기타 정보를 무료로 받을 수 있는 권리가 있습니다. 888-344-6347로 연락하십시오. (TTY: 711)

Russian: В данном Уведомлении содержится важная информация. Regence несет обязательства по соблюдению применимых норм федерального законодательства о гражданских правах и не допускает дискриминации по признаку расы, цвета кожи, национального происхождения, возраста, статуса инвалидности или пола. В данном уведомлении содержится важная информация о вашем заявлении или страховом покрытии. Обратите внимание на ключевые даты, указанные в данном уведомлении. Возможно, вам нужно предпринять некоторые действия к определенному сроку, чтоб сохранить страховое покрытие или получить помощь с расходами. Вы имеете право получить данную, а также прочую информацию о вашем заявлении или страховом покрытии на родном языке бесплатно. Позвоните по номеру 888-344-6347. (TTY: 711)

Tagalog: Ang Abiso na ito ay may Mahalagang Impormasyon. Ang Regence ay sumusunod sa mga naaangkop na Pederal na batas sa mga karapatang sibil at hindi nagdidiskrimina batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan, o kasarian. Ang abiso na ito ay may mahalagang impormasyon tungkol sa iyong aplikasyon o coverage. Hanapin ang mga importanteng petsa sa abiso na ito. Maaaring kailangan mong gumawa ng hakbang hanggang sa mga partikular na takdang araw upang mapanatili mo ang iyong coverage sa kalusugan o tulong sa mga gastusin. May karapatan kang makuha ang impormasyong ito, at iba pang impormasyon tungkol sa iyong aplikasyon o coverage, sa iyong sariling wika nang walang bayad. Tumawag sa 888-344-6347. (TTY: 711)

Ukrainian: Це повідомлення містить важливу інформацію. Regence дотримується застосовного федерального законодавства про громадянські права та не проводить політику дискримінації за расовою приналежністю, кольором шкіри, походженням, віком, інвалідністю та статеву ознакою. Це повідомлення містить важливу інформацію про пов'язану з вами програму або страхове покриття. Зверніть увагу на ключові дати в цьому повідомленні. Щоб зберегти за собою план медичного страхування або право отримувати грошову допомогу, можливо, вам потрібно буде вжити відповідні заходи, для яких установлено певні часові обмеження. Ви маєте право на безкоштовне отримання рідною мовою як цієї інформації, так і будь-якої іншої, пов'язаної з програмою чи страховим покриттям. Телефонуйте за таким номером: 888-344-6347 (телетайп: 711).

Mon-Khmer, Cambodian: សេចក្តីជូនដំណឹងនេះមានព័ត៌មានសំខាន់ ។ Regence អនុលោមទៅតាមច្បាប់របស់សហព័ន្ធស្តីពីសិទ្ធិពលរដ្ឋ ហើយមិនមានការរើសអើងចំពោះពូជសាសន៍ ពណ៌សម្បុរ សញ្ជាតិដើម អាយុ ពិការភាព ឬភេទឡើយ ។ សេចក្តីជូនដំណឹងនេះមានព័ត៌មានសំខាន់ៗអំពីពាក្យសុំ ឬការធានារ៉ាប់រងសុខភាពរបស់អ្នក ។ សូមរកមើលកាលបរិច្ឆេទសំខាន់ៗក្នុងសេចក្តី ជូនដំណឹងនេះ ។ អ្នកអាចត្រូវបានវិធានការឱ្យបានត្រឹមកាលបរិច្ឆេទកំណត់ ដើម្បីរក្សាបាននូវការធានារ៉ាប់រងសុខភាព ឬបានទទួលការជួយចេញការចំណាយថ្លៃថែទាំសុខភាពរបស់អ្នក ។ អ្នកមានសិទ្ធិទទួលបានព័ត៌មាននេះ និងព័ត៌មានដទៃ អំពីពាក្យសុំ ឬការធានារ៉ាប់រងសុខភាពរបស់អ្នក ជាភាសាដែលអ្នកប្រើ ដោយមិនបាច់បង់ប្រាក់ឡើយ ។ ហៅមកលេខ 888-344-6347 ។ (អ្នកពិបាកស្តាប់ ឬពិបាកនិយាយដែលប្រើ TTY សូមហៅមកលេខ : 711)

Japanese: このお知らせには大変重要な情報が含まれています。 Regence は、適用される連邦公民権法を遵守し、人種、肌の色、出身国、年齢、身体障害、性別による差別をしません。このお知らせには保険の申請と適用に関する重要な情報が含まれています。このお知らせに記載されている重要な日付にご注意ください。健康保険適用や医療費支援を引き続き受けるためには締切日までに手続きを行う必要があります。あなたにはこのお知らせおよび申請と保険適用に関するその他の情報について、無料かつ母国語で知る権利があります。こちらまでお電話ください: 888-344-6347。(TTY: 711)

Amharic: ይህ ማሳሰቢያ ጠቃሚ መረጃ ይዟል። Regence በሚተገበረው የፌዴራል ሲቪል መብቶች ህግጋት በዘር፣ በቀለም፣ በመጠብቅ ብሄር፣ እድሜ፣ የአካል ጉዳት ወይም የታ መድሎ አይደረግም። ማሳሰቢያው ስለ ማመልከቻዎትና ሽፋን ጠቃሚ መረጃ አለው። በዚህ ማሳሰቢያ ላይ ቁልፍ ቀናትን ይፈልጉ። በተወሰኑ የመጨረሻ ቀናት የጤና ሽፋኑ ላይ ወይም የወጪን ድጋፍ እንዲቀጥል እረምጃ መውሰድ ያስፈልጋል። ይህንን መረጃ እንዲሁም በማመልከቻዎት ወይም ሽፋኑ ላይ ሌሎችንም መረጃዎች በራስዎን ቋንቋ ያለምንም ክፍያ የማግኘት መብት አለት። 888-344-6347 ይደውሉ። (ቴሌፎን፡- 711)

Cushite/Oromo: Beeksisni kun odeeffannoo barbaachisaa qabatee jira. Regence Ulaagaa seera mirga Siivilii Federaalaa kan guutuu fi sanyii, bifa, lammummaa, umrii, miidhama qaamaa ykn saala irratti hundaa'ee addaan hinqoodne dha. Beeksisni kun iyyannoo ykn haguuggii kara keessan irratti odeeffannoo barbaachisaa qabatee jira. Guyyoota furtuu beeksisa kana keessa jiran ilaalaa. Haguuggii fayyaa ykn gargaarsa keessan eeggachuuf hanga dhuma yeroo ta'eetti tarkanfii ta'e gatii bastanii fudhachuu qabdu. Odeeffannoo kana fi waa'ee iyyannoo ykn haguuggii keessanii kaffaltii tokko malee afaan keessaniin argachuuf mirga qabdu. Bilbilaa 888-344-6347. (TTY: 711)

Arabic:

يحتوي هذا الإخطار على معلومات مهمة. تمتثل Regence إلى قوانين الحقوق المدنية الفيدرالية المعمول بها ولا تمارس التمييز على أساس العرق أو اللون أو الأصل القومي أو السن أو الإعاقة أو الجنس. يحتوي هذا الإخطار على معلومات مهمة عن الطلب أو التغطية الخاصة بك. ابحث عن التاريخ الرئيسية في هذا الإخطار. فقد تحتاج إلى اتخاذ إجراء ما قبل بعض المواعيد النهائية للحفاظ على التغطية الصحية الخاصة بك أو تلقي مساعدة بخصوص التكاليف. لديك الحق في الحصول على هذه المعلومات والمعلومات الأخرى المتعلقة بالطلب أو التغطية الخاصة بك بلغتك مجانًا. اتصل بالرقم

888-344-6347. (الكتابة عن بُعد للصم: 711)

Punjabi: ਇਸ ਨੋਟਿਸ ਵਿੱਚ ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ ਹੈ। Regence ਲਾਗੂ ਫੈਡਰਲ ਨਾਗਰਿਕ ਅਧਿਕਾਰਾਂ ਦੇ ਕਨੂੰਨ ਦੇ ਅਨੁਰੂਪ ਹੈ ਅਤੇ ਜਾਤਿ, ਰੰਗ, ਰਾਸ਼ਟਰੀ ਮੂਲ, ਉਮਰ, ਅਪਾਹਿਜਤਾ, ਜਾਂ ਲਿੰਗ ਦੇ ਅਧਾਰ 'ਤੇ ਭੇਦਭਾਵ ਨਹੀਂ ਕਰਦਾ। ਇਸ ਨੋਟਿਸ ਵਿੱਚ ਤੁਹਾਡੇ ਬੇਨਤੀ-ਪੱਤਰ ਅਤੇ ਸੁਰੱਖਿਆ ਬਾਰੇ ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ ਹੈ। ਇਸ ਨੋਟਿਸ ਵਿੱਚ ਮੁੱਖ ਮਿਤੀਆਂ ਵੇਖੋ। ਤੁਹਾਨੂੰ ਤੁਹਾਡੀ ਸਿਹਤ ਸੁਰੱਖਿਆ ਰੱਖਣ ਜਾਂ ਲਾਗਤਾਂ ਨਾਲ ਮਦਦ ਕਰਨ ਲਈ ਨਿਯਤ ਮਿਆਦ ਸੀਮਾਵਾਂ ਦੁਆਰਾ ਕਾਰਵਾਈ ਕਰਨ ਦੀ ਲੋੜ ਹੋ ਸਕਦੀ ਹੈ। ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ, ਅਤੇ ਆਪਣੇ ਬੇਨਤੀ ਪੱਤਰ ਜਾਂ ਸੁਰੱਖਿਆ ਬਾਰੇ ਹੋਰ ਜਾਣਕਾਰੀ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਬਿਨਾਂ ਕਿਸੇ ਲਾਗਤ ਤੋਂ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ। 888-344-6347 'ਤੇ ਕਾਲ ਕਰੋ। (TTY: 711)

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Laotian: ແຈ້ງການສະບັບນີ້ ມີຂໍ້ມູນທີ່ສໍາຄັນ. Regence ສອດຄ່ອງກັບກົດໝາຍ ວ່າດ້ວຍ ສິດທິພົນລະເມືອງຂອງຮຸ່ນຊົນທຸກກຸ່ມ ທີ່ກ່ຽວຂ້ອງ ແລະ ບໍ່ມີການຈໍາແນກ ເຊື່ອຊາດ, ສີເຜິ້ວ, ຊາດກໍາເນີດ, ອາຍຸ, ຄວາມເປັນຄົນພິການ ຫຼື ເພດ. ແຈ້ງການສະບັບນີ້ ມີຂໍ້ມູນທີ່ສໍາຄັນກ່ຽວກັບການນໍາໃຊ້ຂອງທ່ານ ຫຼື ການຊໍ້ມຄອງ. ຊອກຫາວັນທີທີ່ສໍາຄັນໃນແຈ້ງການສະບັບນີ້. ທ່ານອາດຈະຕ້ອງການດໍາເນີນການໃນຂອບເຂດເວລາໃດໜຶ່ງ ເພື່ອ ໃຫ້ສິບຸ່ດໄດ້ຮັບການຊໍ້ມຄອງສຸຂະພາບຂອງທ່ານ ຫຼື ການຊ່ວຍເຫຼືອທາງດ້ານງົບປະມານ. ທ່ານມີສິດເອົາຂໍ້ມູນນີ້ ແລະ ຂໍ້ມູນອື່ນ ກ່ຽວກັບການສະໝັກ ຫຼື ການຊໍ້ມຄອງຂອງທ່ານ ທີ່ເປັນພາສາຂອງທ່ານໂດຍບໍ່ເສຍຄ່າໃຊ້ຈ່າຍ. ຕິດຕໍ່ 888-344-6347. (TTY: 711)